

# ANNUAL REPORT 2022



Never Overthink Situations Treat  
Opportunities Passionately  
**(NOSTOP)**

253-087 NPO

PBO: 930073264 (Section 18.4)

B-BBEE Level 1 Status

I/T - 844 0440221

[www.nostopnpo.co.za](http://www.nostopnpo.co.za)

# CONTENTS

1. About us	3
2. Vision and mission statement	4
4. The problem statements and objectives	5
5. NOSTOP Organogram	6
6. Message from Executive Director	9
7. Message from Chairperson	13
8. Our Theory of Change (ToC)	14
9. NOSTOP Programme Reports	15
9.1 The Feeding Scheme Programme Report	16
9.2 The Music Programme Report	18
9.3 The HOPE Art Programme Report	20
9.4 The Personal Growth and Development Report	22
9.5 The Community Skills Development Report	24
9.6 The Food Security programme report	26
10. Messages from our students	28
11. Messages from our volunteers	30
12. Our Success stories	32
13. Financial Reports	33
14. Closing Remarks: Programme Manager's Message	35
15. Our Wishlists	39
16. Closing Poems: African Child	41
17. Lists of our sponsors and volunteers	42
18. Contact details	43

## ABOUT NOSTOP

“

I am a mix of  
**MOTHER TERESA** and  
**MAGARET THATCHER.**

”

- Founder -

NOSTOP is a group of experts who strives to reach out to communities filled with socio-economic challenges. These include street children, poverty, gangsterism, youth unemployment and Gender Based Violence (GBV). Our NOSTOP team offers various programmes such as: Feeding Schemes, Personal Growth and Development, Art and Music Programmes and soft skills workshops to address these issues. We serve vulnerable communities in Scottsville, Scottsdene, Kraaifontein and Belhar.

**Our goal** is to create a positive impact on vulnerable communities in Kraaifontein, other parts of Northern Suburbs and future leaders through educational and social activities.

## VISION STATEMENTS

NOSTOP hopes to unify individual households through creative activities to empower children and youth and reduce children on the street in Kraaifontein and surrounding areas

## MISSION STATEMENTS

To provide a safe place to nurture and inspire our children, youth and women and to bring a positive impact in the community.

## OUR VALUES

- ★ **CARING:** we value all members of the community irrespective of their background and treat all the same.
- ★ **TRANSPARENCY:** we can be trusted in dealing with personal or confidential information from the community
- ★ **COMMITMENT:** we are committed to improving the lives of our community
- ★ **CREATIVITY:** We promote freedom of expressions, Innovations and problem-solving thinking.
- ★ **RESPECT:** To treat others the way you want to be treated

# THE PROBLEM STATEMENTS

**There are too many children and youths on the street without any adult's supervisions in Kraaifontein and surrounding areas.** This leads to children and youths exposed to various crime activities and make bad decisions in their life. The main cause of this problem is due to individual household challenges such as ***absenteeism in parenting*** or ***financial difficulty*** in the household.

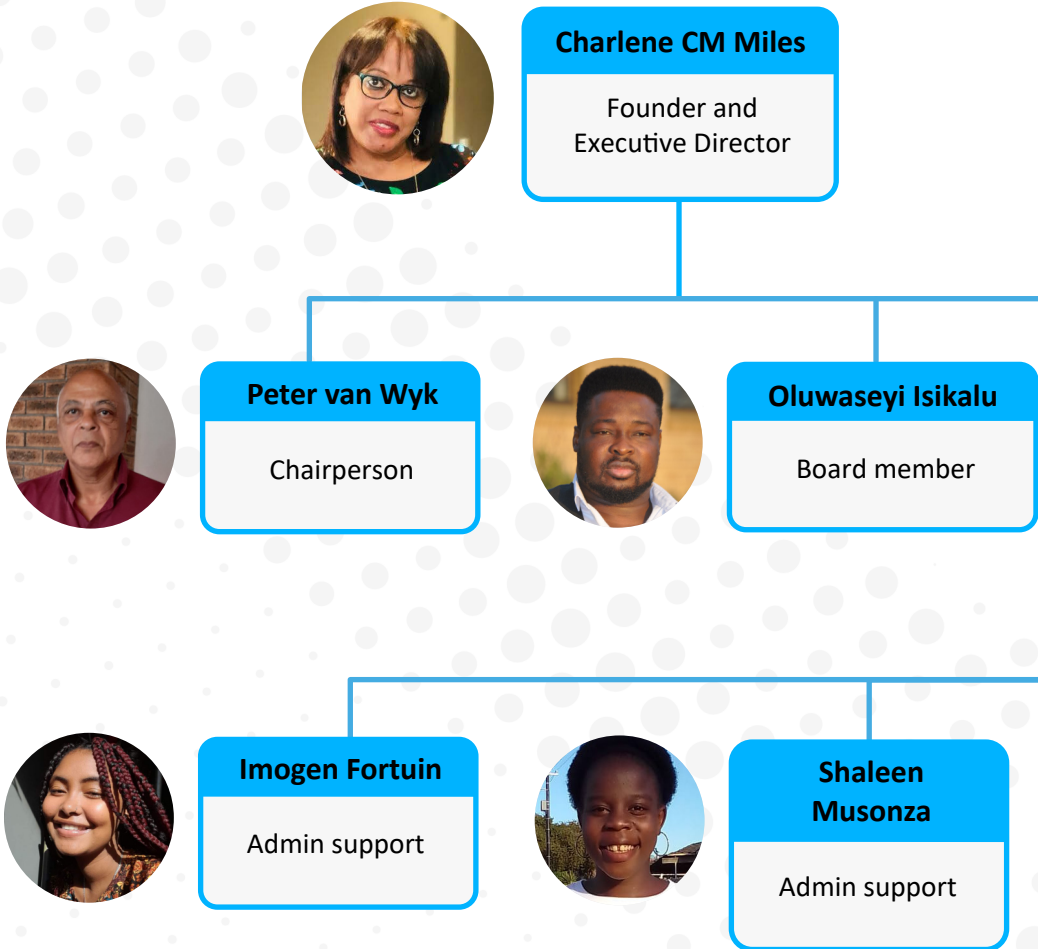
We believes that absenteeism in parenting have negative impacts on lives of children and Youths and the community which it leads to:

- ★ Low self-esteem and lacks of self-awareness
- ★ Increase of low-level skills in Youths and unemployment
- ★ Continuously cycles of poverty and social evil within the community.

## OUR OBJECTIVES

- ★ To **create** awareness and **promote** a healthy and safe lifestyle to historically disadvantage individuals.
- ★ To **empower** children, youth and women through different programmes and activities.
- ★ To **provide** a safe place for children and youth to strive towards a healthier lifestyle and safe space.
- ★ Create **opportunities** through community development services/projects in different categories.

# NOSTOP ORGANOGRAM





**Dawn Campher**

Board member



**Mariana Bolumole**

Board member



**Lucrecia van  
der Horst**

Social Media and  
Educator



**Sodam Lee**

Community Art  
Facilitator

“

I have to do more  
towards Social  
Responsibility and from  
there the idea of  
managing an NPO was  
BORN.

”

**CHARLENE CM MILES**  
Founder and Executive Director





# CHARLENE CM MILES

## Executive Director's Message

Since the beginning of founding NOSTOP NPO in 2020 many changes and challenges took place. We never realized that COVID-19 would have such a severe impact on our lives. It has changed our lives in so many ways and it will never be the same again. Our way of thinking and working totally change.

Despite all these challenges we still continue to serve the community. I am grateful to all our donors, sponsors, partners that support our vision to add value to our vulnerable communities.

NOSTOP was initially formed around a feeding scheme programme and the church where we offer free computer training to the youth the Bethel Tabernacle Full Gospel Church in Scottsville Pastor Jimmy Francis, his wife Eleanore who support all our programmes as well as the church council opened their doors to NOSTOP where we do the feeding and managing all other programmes at their premises. Without the space we operating from it would have not been possible to follow our dreams and vision for NOSTOP and will forever be thankful for their kind gesture.

Being the CEO of my own Company CYRO M UKUNAKEKELA (PTY) LTD where we focus on HR Consulting, Engineering, Entertainment and trading I quickly realized that I have to do more towards Social Responsibility, and from there the idea of managing an NPO was borne. As the Founder and Executive Director of NOSTOP it has been an enjoyable journey of my life since founded in 2020.

After 36 years working for the Government, I decided to do this work fulltime and retired June 2021. With no background in managing NPO. I quickly realized how important networking is in this sector. I became a

member of Fundraising mentoring Networks and FRASA while I was still working and after attending their conference for the first time, I realized this is where I want to be after my retirement.

Nevertheless, the geographical isolation of the district contributes to the high unemployment rate and welfare does not cover even necessary food supplies. Drug misuse, youth crime, gender violence, and school dropouts are among the typical problems for the community where we serve. At the same time, good economic performance did not help in improving the employment rate in Kraaifontein and did not result in increased donations to the organization. Due to the high unemployment rate in the area, criminality and gang activity has increased. This is another concern especially concerning the children.

I believe that there is NO organization that can function without finances. With the challenging economic environment, it has become quite challenging to obtain financial assistance from sponsors and donors alike. NOSTOP was, however still able to continue with its programmes due to generosity of various sponsors and committed donors and volunteers. We are faced with all these challenges due to its rapid growth and its existing limited resources.

To achieve our operational obligations proves to be challenging as we are not always able to secure funds for certain programmes.

The Board, staff and volunteers play an integral part in keeping the Organization's vision, mission, goal and objectives alive. We were blessed to have a group of Students doing their Executive MBA from the UK Henley University who did their module on Reputation and Responsibility. With the research and recommendation done by them we are now in a position to amend our current plans for 2022/2023 cycle.

I would like to thank the Board, volunteers for their selfless efforts in continuing to create hope for our vulnerable communities and continue to reach out to those in need. May you be blessed and may your labour of love bear much fruit in the lives of those that you meet in your journey through our ministry in the various communities.

**CHARLENE CM MILES**  
**FOUNDER AND EXECUTIVE DIRECTOR**

A photograph of Peter van Wyk, a man with a beard and a blue surgical mask, playing an acoustic guitar. He is wearing a white polo shirt. In the background, two young boys are also playing acoustic guitars. The scene is set in a room with patterned wallpaper and a fluorescent light fixture on the ceiling. The entire image has a blue color cast and a pattern of black and orange dots overlaid.

“

Let us stand  
together as a  
**ONE.**

”

**PETER VAN WYK**  
Chairperson

# PETER VAN WYK

## Chairperson's Message

It gives me great pleasure to present our 2021/2022 annual report. Our vision at nostop is to provide a service, that will have a positive impact in our communities. The past year was quite challenging for us, but our dedicated team was at times working round the clock to ensure that we meet our deadlines and obligations. Their service to this organisation is second to none.

It is a pleasure and also heart warming to see how our kids has participated and excelled in their music and how creative they are in their art- programmes. We give god all the glory for this is the path we want them to stay on to become role models and eventually leaders in south- Africa.

Our biggest challenge to date is finance but we are great full for our donors and sponsor's. A special thankyou to Charlene miles (founder and director of nostop) for her vision to help the needy and those who are vulnerable. Also a special thankyou to our board – members for sharing their insight and knowledge to grow this organisation. A big thankyou to our staff, volunteers, donors and sponsors. I want to thank pastor francis and his church counsel from the full gospel church in Scottsville for the space we have and still receives, from where we can do our operational work ,god bless you.

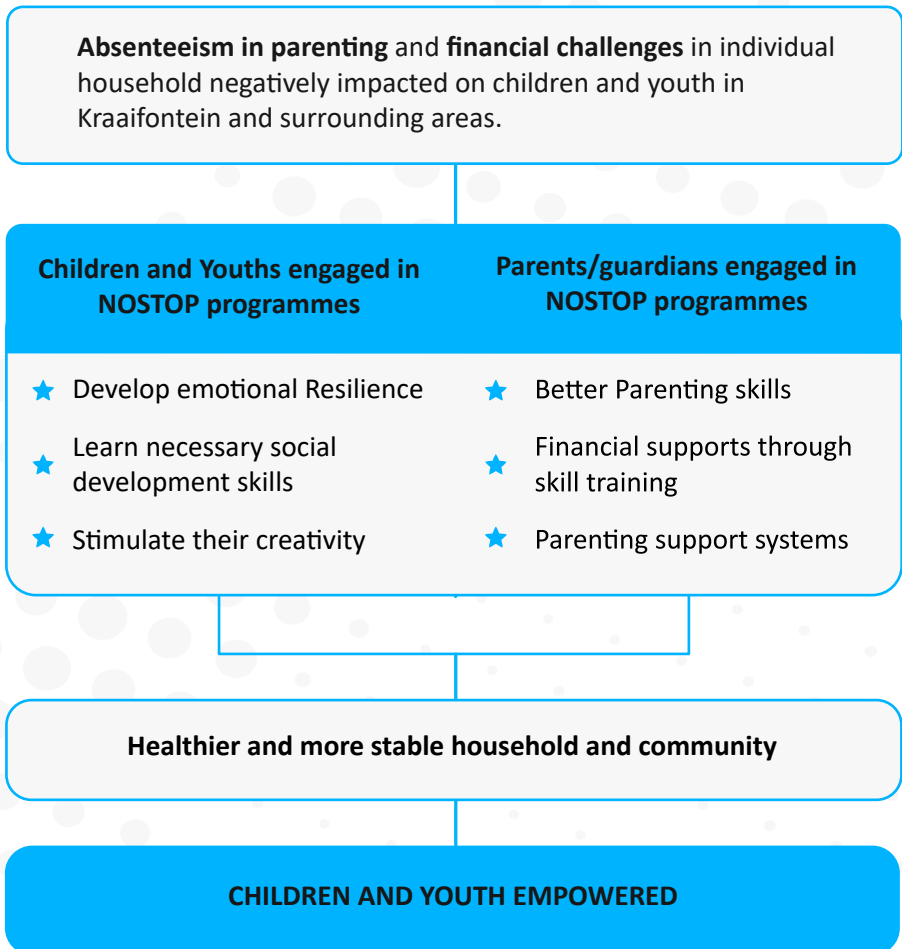
May we grow from strength to strength and make a difference in our societies to give them hope in a world that is riddeld with crime and violence. Let us stand together as one.

**PETER VAN WYK**  
**CHAIRPERSON**

# OUR THEORY OF CHANGE

NOSTOP believes that the healthy family and household structure leads children and youth to Never Overthink Situations and Transfer Opportunity Passionately to empower themselves and the community.

We developed our theory of change based on this belief:





**NOSTOP  
PROGRAMME REPORTS**

# THE FEEDING SCHEME PROGRAMME REPORT

The goal and objective of this programme is to provide a nutritious meal to the most vulnerable communities who are unable to afford a meal. The Covid-19 pandemic has caused major setbacks for many households and the young people tend to bear the brunt of economic downturn suffering greater job losses and higher unemployment rates.

In a developing country such as South Africa, where poverty is not only rife, but also among the highest in the world, people inevitably go hungry. According to the World Bank, from a list of 149 countries, South Africa has the highest inequality in the world. Many poor families spend their meagre income on travel, rent, utilities, clothes, etc., some of them cannot afford enough food for the family. Many children go to school on an empty stomach. Some of the schools do have a feeding scheme but afterschool kids are still hungry and therefore we at NOSTOP decided to start a feeding Scheme Programme. We started our Feeding scheme April 2020. For the 2020/2021 financial year we served 15 046 in various areas and during 2021/2022 until end of the financial year (March 2022) we served 8 929 thus far. FRASA with different donors supported NOSTOP since 2021 with ingredients to ensure we are in a position to SERVE JUSTICE in the Communities. We are using the kitchen of Bethel Tabernacle Full Gospel Church with 3 volunteers to prepare a warm meal to our beneficiaries.





## THE MUSIC PROGRAMME REPORTS

If music can change the world, it can change the people in it. Music has the ability to strengthen the connection between the body and brain to work together as a team. Research undertaken by a team of researchers in the 1990s showed that the exposure to music from early childhood onwards helps children to speak more clearly, develop a larger vocabulary, and strengthen social and emotional skills.

This programme was implemented in Scottsville after meeting with the Founder of “joinbandsnotgangs” NPO and we want to use the same model. The music programme was implemented in CYRO M UKUNAKEKELA (PTY) LTD but we decided to move it to NOSTOP NPO. Most of the music instruments we received from “joinbandsnotgangs”, KMA Music School in Houtbay as well as Sam Dreyer from Antidote Events. Most of the kids interested in this programme are young but hungry to learn more about playing a music instrument. Oluwaseyi Isikalu a musician started this programme with a few kids and currently Mr Peter van Wyk our chairperson of NOSTOP Board is teaching the kids 4 times a week after school. This is an afterschool and school holiday programme to keep kids safe and out of the street. These kids have learnt to play guitar and read notes. Their first exam took place during March 2022.

They showcase their talent during end of year functions 2021 and also at the open day during March 2022 to the community.



# THE HOPE ART PROGRAMME REPORT

This report provides an overview of the Hope Art Programme (NHAP) from December 2021 to August 2022. The purpose of this report is to outline the art programme provided to beneficiaries aged between eight years old till six-teen years old.

The Hope Art Programme launched in December 2021 and continues to serve the communities in Kraaifontein and surrounding areas. There were lack of budget and resources to run the programme in consistent phases. Despite several difficulties, the art programme provided various creative experiences for beneficiaries. The Art programme had **an art outing to Spiers Art Collections with 15 beneficiaries** and showcased **the first art exhibitions at the Blue Route Mall, Tokai** with collaboration with the Butterfly Art Project.

This report summarises the annual reports on the NHAP. We delivered the total nine-teen art classes in Scottsville and Scottsdene in Kraaifontein and one art class were delivered in Mamre, Atlantis.

The total number of 137 beneficiaries were served and participated in our art programme. NOSTOP received various forms of donations from individual donors and partner organisations.

The programme needs more volunteers with creative backgrounds and local businesses to support. THAP hopes to continuously serve beneficiaries through creativity.



# THE PERSONAL GROWTH AND DEVELOPMENT PROGRAMME REPORT

NOSTOP implemented The Personal Growth and Development Programme which aims to become the best version of yourself. It includes goals, how to achieve them, skills to master, and habits to develop. It develops strengths boost your confidence and also improves your self-awareness. The goal is to make the entire community stronger.”

Community development directly impacts the quality of life of the community. Personal Growth and Development involves learning to be a responsible citizen and community member, building strong social and emotional skills, sparking curiosity and a passion for learning, developing physical skills and health. We partnered with Young People@Work who offered free workshops for our youth in the computer i.e., Admin courses, basic introduction to Computers. The NPO Heart Works NPO from Gauteng team came to the Western Cape to implement this programme in the Community of Scottsville and Scottsdene for the first time. The goal of this programme was to reach the individual on an inter-and intra-personal level through a continuous relationship building platform that is aimed at personal and social change.



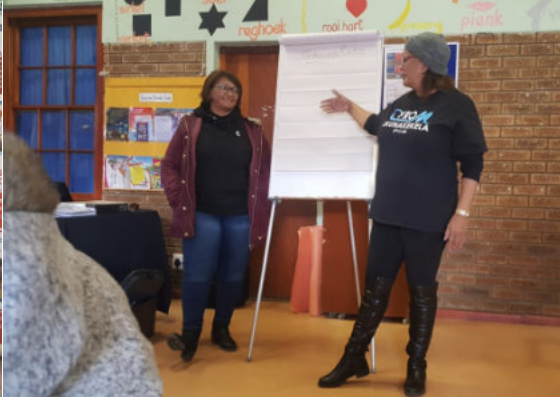
# THE COMMUNITY SKILL DEVELOPMENT REPORT

We are living in a world of dynamic challenges and opportunities and the focus on this programme help the communities to deal with change and their environment. Recent years we have seen global trend move in both negative and positive directions. The focus on our life community programmes is also to find oneself.

To support and protect the poor and vulnerable to become self-sufficient, independent, and healthy with a positive attitude.

To build personal and social relationships and the ability to be active participants in their communities to the greater South African society. Our objective with the community Skills programme is to equip community members with the necessary life skills to enhance social capital and improve relationships but also to raise awareness of different matters that impact their community e.g., GBV.





# THE FOOD SECURITY PROGRAMME REPORT

Our goal with the Food Security Programme is to provide for the nutritional needs of community members by utilizing existing infra-structure and community members to create sustainable vegetable and herb gardens to feed their own community. We want the community to have access to high quality, nutritious foods, provide fresh, healthy harvest for residents and allow them to reduce their food bills.

We want to train community members in growing food in limited spaces and to improve community members knowledge of good nutrition. During the 2021/2022 we approached the church council and Acting Principal of AME Primary School in Eikendal Kraaifontein to use their empty space for a food garden. An application was submitted to Department of Agriculture for Funding with the amount of R170 000 was approved for 2021/2022 Financial Year but the project commences during 2022/2023 cycle. The Department will have a Monitoring and Evaluating function during the implementation of the project. The implementing agent is Casidra. We have dedicated volunteers working in the garden and we plan to involve the learners at later stage as well.



## MESSAGES FROM OUR STUDENTS

### **CASSIDY VAN JAARSVELDT (16 years old)**

So, me as Cassidy Raven van Jaarsveldt met aunty Charlene at Peter Van Wyk's house and I liked her immediately. It all started with guitar practice, I enjoyed myself fully then uncle Peter introduces us as a band to Nostop. The NPO had tremendously helped me with personal situations and even gave me advice as a young woman. The music class helped getting off the streets and out of trouble, I am thankful for their guidance.

### **CAMERON ERASMUS (13 years old)**

I started at Nostop last year 2021 and have been in class as much as possible. School has different curriculums after school that keeps us busy. Luckily Nostop Music program has been so nice to change their times according to our (kids) schedules. Nostop has really been keeping me out of the way of a lot of things. Thank You Nostop.

### **NOAH ERASMUS (14 years old)**

I started with Nostop Music Class when I was 11 years old. Uncle Peter, our music teacher always makes class interesting by making jokes and everything. We also get something to eat every now and then. I love coming to music class as it helps me stay out of the way of what is happening our community. Thank you, uncle Peter and aunty Charlene, giving us a safe space. Thank you Nostop.

### **GABRIELLE (13 years old)**

I joined NOSTOP when I was 11 years old. My cousins introduced me to the organisation people. We received free guitar lessons and holiday. I have learned a lot from my guitar Sir Peter Van Wyke. He is very friendly and patient with us. He has taught me a lot of new chords. I don't know we went on a lot of outings and educational events, showcasing our new found talents. NOSTOP has made a huge impact on my life and I just wanna say thank you for all that you guys did for me. Thank you 😊

### **JORDAN VAN JAARSVELDT (16 years old)**

My name is Jordan Van Jaarsveldt. I am a 16 year old boy from scottsville kraaifontien. I formed part of NOSTOP in november 2021. It all started when i joined their music classes (guitar) i formed part of the band but got to know how and what made it possible for me to learn music as its my dream,passion and pillar of strength to me.

I come to find out NOSTOP N.P.O is the organisation offering these awesome oppitunities. After 2 months i decided to become a volunteer and i dont regret a moment.I have met lots of new people and still recieving thousands of opputunities since i formed part. Ive learned to become myself and never to overthink situations as there is always a solution to it. NOSTOP has also showed me how to live and love my community! When people speak about scottsville they always see the negative side of it (eg. Poverty and lack) but there is so much potential and talent within scottsville which NOSTOP didnt ignore but took action

Thank you NOSTOP not just for making changes in peoples lives but for changing communities for good! GOD BLESS

## MESSAGES FROM OUR VOLUNTEERS

### SHALEEN MUSONSA

Before I came to NOSTOP npo, I didn't know what it was like to work under pressure, submitting within a deadline and had no work experience. I didn't know how to use a laptop nor working with technology but all changed when I came to NOSTOP, I learnt how to listen to instructions ,give input and my thoughts. I have undergone plenty of training. Furthermore I learnt the importance of making notes. In additional I learnt how to be more confident in front of a crowd due to the multiple poems I had to present for different Programmes. All thanks to Charlene Miles and the rest of the board members I am now an experienced 18-year-old working as a financial assistant and poet.

### IMOGEN FORTUIN

When I came to NOSTOP I only had experience of the six weeks computer course I did at YP@W. I have learnt plenty of things from the founder of the npo, from knowing nothing to being a data capturer. I have also learnt how to work and cope with the pressure from one Programme to another. Yes, everyone has their weak spot but working with the organization has made me take responsibility and work hard to better my ability on what I'm not good at. I am thankful for the training and courses from Charlene Miles, with her help I now have experience of working in an office.

## **SODAM LEE**

My experience at NOSTOP and volunteering as a community Art facilitator is an interesting experience. I've lived in the Northern suburbs for three years and I didn't know Scottsville nor Scottsdene and therefore didn't know the challenges within the community. I met Charlene Miles through butterfly art project and that's how I ended up at NOSTOP. It was a great opportunity for me to learn more about the community. I was quite nervous for my first art class with the art kids at NOSTOP. Although my intention was to teach children art, I also ended up learning from children too, they even taught me some Afrikaans words as well. The highlight of my volunteering experience is walking around Scottsville and getting hot chips from the lady who owns a canteen in Scottsville. She is a pleasant person to talk to, I have learnt more about the community due to her. Those are memories, impacts and how interested I am in the community.

I would also like to thank all NOSTOP staff and volunteers for working with me and I look forward to growing with NOSTOP.

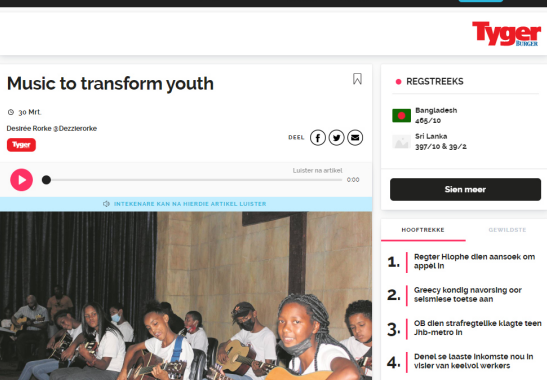
## **VALERIE ABRAHAMS AND HELEN BAARTMAN**

Cooking for the community has led to more than just feeding the community, it has brought happiness and smiles on our faces and beneficiaries. Beside cooking for the community we have gotten to know more about people here in Scottsville. Beneficiaries love and appreciate our food. We try find closure and work with the little we have to feed everyone. Volunteering and feeding the community is truly a blessing for us. Thanks to all the sponsors for all their efforts and support.

# OUR SUCCESSFUL STORIES

**NOSTOP is continuously moving and creates an impact since 2020:**

- ★ Our music programme are showcased on local and international media, E-Tv, Al-Jeera, Tygerburger, The Voice, The Argus
- ★ NOPSTOP is selected as a representative of Art and Culture for Ward 111, City of Cape Town (COCT)
- ★ NOSTOP is selected from UK Henley Business School to participate in Henley's MBA Executive Programme.
- ★ NOSTOP exclusively hosted the first Heartwork programme in the Western Cape for rehabilitations of offenders and early school leavers
- ★ Full band equipment received from Join Bands Not Gangs.





# FINANCIAL REPORTS

## NEVER OVERTHINK SITUATIONS TRANSFER OPPORTUNITIES PASSIONATELY

(Registration Number 253-087 NPO)

Annual Financial Statements for the year ended 31 March 2022

### Detailed Income Statement

Figures in R	Notes	2022	2021
<b>Revenue</b>	7		
Fees		4,950	1,000
<b>Distribution costs</b>	8		
Delivery expenses		(100)	-
<b>Administrative expenses</b>	9		
Bank charges		(1,381)	(80)
Telecommunication		(7,200)	-
		<b>(8,581)</b>	<b>(80)</b>
<b>Other expenses</b>	10		
Advertising		(5,800)	-
Donations		(7,000)	(55)
Electricity and water		(3,000)	-
Feeding Scheme Programme		(15,587)	(684)
Management fees		(18,008)	-
Motor vehicle expense		(10,449)	(750)
Art Programme		(4,960)	-
Volunteers Transport		(524)	-
Food Security		(4,200)	-
Music Programme		(6,000)	-
Technical Support		(4,250)	-
Printing and stationery		(4,462)	(360)
Staff welfare		(3,622)	(550)
		<b>(87,862)</b>	<b>(2,399)</b>
<b>Deficit from operating activities</b>		<b>(91,593)</b>	<b>(1,479)</b>
<b>Deficit for the year</b>		<b>(91,593)</b>	<b>(1,479)</b>

A man and a woman are smiling and playing acoustic guitars together. The man is on the left, wearing a dark jacket, and the woman is on the right, wearing a white hoodie with blue lettering. They are both holding light-colored acoustic guitars. The background is a white wall with a pattern of blue polka dots. The entire image has a blue tint.

“

We went through rough waters at the start of our organization but know we have a future.

Since 2020, we rose.”

**OLUWASEYI ISIKALU**  
Programme manager

# OLUWASEYI ISIKALU

## Programme manger's Message

I greet you all in the wonderful name of our Lord and Saviour before I reflect on an awesome year behind us. I believe that NOSTOP would have not been in a position to perform at this level and space if it was not for HIM.

I want to express my utmost gratitude to the following people because without them we would not able to implement our programmes and activities. Thank You to all of you, our members, volunteers and the community I want to say Thank YOU. Thank YOU for being such an amazing support for us at NOSTOP, thank you for your optimism and belief in what we are doing. Because of you all, we can have our First AGM for NOSTOP 2021/2022.

My involvement within the community goes years back before NOSTOP NPO was established in 2020. I in particularly want to thank all our volunteers who have worked smartly and efficiently to ensure that we achieve our goals and objectives as set out in our Business Plan. You support and making our ideas and projects come to life. A lot of work went into organizing the various programmes/projects we implemented and without you it would have not been a successful.

With all your knowledge and skills, we could implement and partner with other stakeholders the following programmes in NOSTOP.

1. The Feeding Scheme Programme (TFSP)
2. NOSTOP Music Programme (NMP)
3. The Hope Art Programme (THAP)
4. Personal Growth and Development Programme
5. Community Development Programme (CDP)
6. Food Security Programme (FSP)

## **1. THE FEEDING SCHEME PROGRAMME**

For the Reporting year 2020/2021 we served 15046 meals to our beneficiaries and 520 hampers to the most vulnerable individuals in the community. For the 2020/2021 financial year we served 15 046 in various areas and during 2021/2022 until end of the financial year (March 2022) we served 8 929 thus far. We started this Feeding Scheme in the notorious areas where there are so many social ills. We served beneficiaries in Manenburg, Lavender Hill, Delft (Voorbrug and Leyden), Belhar (N2 Gateway), Scottsdene, De Novo, Klein begin, Scottsville, Eikendal and some of surrounding farms and people living on the street.

We started our Feeding scheme April 2020. Since 2021 we scale down and served only Scottsville, Scottsdene, Eikendal and Belhar. We served a warm meal on Tuesdays, Thursdays in Scottsville. We now also partner with Shoprite Mobile Kitchen and every 2nd Tuesday they deliver soup and bread. FRASA as well as Food on the table, friends, family and neighbours donate ingredients on continuous basis. We have 3 volunteers cooking for our beneficiaries at the Bethel Tabernacle Full Gospel Church. We make use of the kitchen of the church to prepare all our meals.

## **2. NOSTOP MUSIC PROGRAMME**

With little extra mural activities in Scottsville community, we decided to start with music lessons for children and youth. As a musician I started to teach few kids. All the equipment was donated by NPO called Join Bands Not Gangs and also some guitars from Kronendal Music Academy (KMA). We approach Mr. Peter van Wyk who joined the music classes as from August 2021, and since then he teaching the kids voluntary 4 days a week after school. Our first open day was 26 March 2022 and their first exam was during April 2022. Our music programme was showcase on local and international media, E-TV, Al-Jeera, the Tygerburger, The Voice and the Argus. They also performed at community end of year event in Scottsville as well as in Grabouw Music Concert with other youth members. The also performed at the Youth Day at Eikendal

Primary School. NOSTOP believes that if music can change the world, it can change the people in it.

### **3. THE HOPE ART PROGRAMME (THAP)**

NOSTOP is using art-making to develop the personal growth and well being of children who are going through personal challenges or trauma. Through this programme we aim to cultivate children's mental and emotional resilience to develop a strong self-esteem and self-evidence. Both our founder and strategic advisor are qualified community art facilitators and facilitate these workshops in Scottsdale and Scottsville. They also plan to implement these programmes at some schools during 2023. A number of 52 workshops were held in the community by 2 of our community art facilitators.

### **4. PERSONAL GROWTH AND DEVELOPMENT PROGRAMME**

Our life skills programme is to find oneself for fulfilled lifestyle. We provide relevant life skills and personal support to reach the individual on an inter and intra personal level. We partner with an organization called Heartwork who is based in Gauteng. NOSTOP exclusively hosted the first Heartwork programme in the Western Cape for rehabilitations of offenders and ex-offenders as well as early school leavers. A number of 10 community members attend this challenging programme

### **5. COMMUNITY DEVELOPMENT PROGRAMME (CDP)**

This programme focuses on unemployed youth in the community to equip them with the necessary skills. We collaborate with other organizations to provide skills training workshops such as computer training, compiling of CVs and Workplace Readiness Training. After completion of these workshops, we issue them with a Certificate. We also present vision board workshops to youth as a pilot project and it was successful. NOSTOP has been invited to other NPOs to present this

workshop in collaboration with CYRO M UKUNAKEKELA (PTY) LTD expertise and for NOSTOP as part of their income generation.

## **6. FOOD SECURITY PROGRAMME (FSP)**

Our sustainable food development goal is to ensure nutritional food available to the community. We work with the AME Local School to create our own vegetable garden to add healthy harvest for residents and allow them to reduce their food bills. We apply for the grant at Department of Agriculture and they approved an amount of R170 000 of equipment to maintain the garden. We also received some seedlings from the Department of Agriculture, Agrimark Kraaifontein, Rix and Sons Farm and FRASA.

In conclusion, I want to thank The Board of Directors once again, who supported and worked tirelessly to help to ensure that we could serve and reach out to the most vulnerable, not only in a healthy way but in a prosperous way.

I can comfortably say that the lessons learned were valuable ones and from here we can only grow. We went through rough waters at the start of our organization but know we have a future. Since 2020, we rose. We built a staff team that is determined and who are most importantly, positive, kind, caring people who want to make a difference in people's lives.

**OLUWASEYI ISIKALU  
PROGRAMME MANAGER**

# OUR WISHLISTS

## OFFICE

- Fridge for after school programme
- Wooden Office doors
- Wall paints, various colour 20L
- Matt flooring (120 m2)
- Ceiling boards
- Zinks
- Toilet Bowls
- Synthetic grass
- A4/A3 Cartridge papers
- Office folders
- Paper Guillotine A3/A2
- Cartridge inks for Printers
- Laminating Pouches A3/A4
- A3 scanner
- Office folders
- Plastic sleeves
- Newsprints

## Other services needed

- Transport for outings
- Excursion or outing opportunities for children
- Fibre or internet services
- Literacy support for children
- DSRL cameras
- Graphic design services
- Lights and electricity services
- Movie makers for 5 minute promotional clips
- Printing, Photocopy and laminating services

## Personal Growth and Community Development programmes

- Laptops/macbook
- Fire extinguisher
- First Aid Kits
- Table fold-up
- Chairs
- Magazines
- Zips, buttons, sewing materials
- Sewing machines for Community Skill training
- Adobe Creative Subscriptions for design workshops
- Breads/ doughnuts for workshops
- Portable Projector
- Roll Down Projector Screen
- Children Books
- Dolls or Children's toy
- Any Stationery
- Computer and monitors
- Notebooks

## Feeding Scheme Programme

- Freezers
- Fire extinguisher
- First Aid Kits
- Kitchen Disposable hats
- Kitchen Disposable gloves
- Takeaway boxes
- Cups
- Plastic containers
- Storage

## ART MATERIALS

- Boards A1
- A3/ A4 Paper (80gsm)
- A3/A4 Paper (120gsm)
- A3 Art Sketch books
- Black A3/A4 paper
- Black board paint
- Black fine liners
- Black markers
- Black permanent markers
- Canvas
- Cardboard
- Wax Crayons
- Clay 10 kg bags
- Coloured Pencils
- Paint Brushes (Various sizes)
- Glue sticks
- Gum Acacia/Glue Binding
- Oil Pastel 12 colour sets
- Dala Soft Chalk Pastel 12 set
- Dala Liquid Tempura Paints
- Dala Acrylic paints
- Cellotape (7cm width)
- Masking tapes
- Fabric Face Masks
- Watercolour pigments
- Aprons
- Scissors
- Cutting matt A1/A2
- Colour papers
- Watercolour papers 300gsm
- Dala Acrylic Gesso Paints

## MUSIC MATERIALS

- Guitar strings
- Left-hand Guitars
- Music Stands
- Drum Sticks
- Music Instruments
- Hand Drums
- Guitars
- Flip charts paper

## HOUSEHOLD

- Buckets
- Cleaning aids of all kind
- Coffee/Tea
- Porridge
- Containers/Basins
- Crockery/Cake Plates
- Cutlery
- Disinfectant
- Flour for breadmaking
- Glass jars
- Kitchenware
- Milk (long-life)
- Paper Towels
- Plastic bags/black bags
- Plastic table cloths
- Rags
- Second hand Clothing
- Shelves
- Soap
- Spray bottles
- Toilet paper
- Toothbrushes
- Chest Freezer



# AFRICAN CHILD

Shaleen Musonza

Hey African child  
They say you're wild  
Is it true?  
They claim you are nothing but white  
elephants  
Is it true?

Why do they discourage you?  
Why are they full of airs and graces?  
Don't they know what sin you?  
The beauty, the smile that grows from  
Inside and blooms on you face  
You are sagacious, courageous  
You are intellectual, benevolent,  
congenial  
You are an African Child.

You strive to be a better person  
everyday  
Spreading your wings to fly again  
Trying to reach up there and sparkle  
There will see you wonders someday  
Hey African Child  
Let your tears water flowers of your  
future  
Happiness Get up and conquer the  
world

You're African Child after all

# THANK YOU TO THE FOLLOWING OUR DONORS AND VOLUNTEERS



Laetitia Abels, Claude Erasmus, Chaslin Miles, Chadwin Miles, Tracy Miles, Carmen van Harte, Kevin Smith, Katriena Jacobs, Charlene CM Miles, Peter van Wyk, Imogen Fortuin, Shaleen Musonza, TJ Lee, Sodam Lee, Alichama Loundou, Labeeba Stanley, Helen Baartman, Robert Baartman, Valerie Abrahams, Gavin Francis, Delia Stephens, Hajiera Ahmed, Isaac Julies, Andrew Lodewyk, Annelie and Aubrey Miles, Robyn-Lee Norris, Cody Samuels, Cole Samuels, Christene Samuels, Mary van Wyk, Kenneth Booyesen, Annelie Miles, Ronald Koopman. Una Fransman & Familiy, Adrian Cupido, Audrey Jacobs-Schipper, Brandon Damons, Vanessa Concina, Agnes Goliath, Selvin and Olga Goliath, Eugene Arendse, Lentech Training Academy, Food for Life, Food on the Table, Kattan Family, Goju Ryu Karate School Durbanville, Pastor Daniels Joostenberg Vlake, Medi Clinic, Linda and Julian Brown, Noel and Loretta Stevens, Byron Booyesen Tunnel Farming, Veronica Pietersen, Lynn Fitzgibbon, Lionel Pietersen, Veronica Petersen, Lorraine and Donovan de Vos, Bhavana Sewlall-Singh, Cheryl Julies, Sweetness Sixubane, Ian and Charlene Arendse, Oboh Sunday

# Join NOSTOP

Donate or volunteer



Account Name: Never Overthink Situations Transfer Opportunities Passionately (NOSTOP)  
Bank Name: First National Bank (FNB)  
Account Number: 62878420464  
Branch Code: 204209  
Swift Code: FIRNZAJJ  
Branch Name: VINEYARD ROAD



info@nostopnpo.co.za



064 994 8925



Bethel Tabernacle Full Gospel Church, Cnr. of Milton &, Pioneer Rd, Kraaifontein, 7560



@nostop\_npo



@NOSTOPNPO



@NOSTOPNPO



@nostopnpo



<https://tinyurl.com/nostopnpo>

